



**SOUTHMEAD**

**FOURTEEN PLAN**

**May 2015 submission**

# 1. INTRODUCTION

Community Name

Southmead

Sub Delivery Partner

Quartet Community Foundation

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Main contact for this document

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## **2. ASSETS and NEEDS**

Summary of Community (Description, Population Size; Issues of disadvantage & statistics, Assets; Other work and developments relevant to Fourteen Outcomes ) (maximum 500 words)

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Southmead is a Bristol City ward on the northern fringe of Bristol adjacent to neighbouring South Gloucestershire. Large-scale development of the area started in 1931 with additional houses built after the second world war. The population is now estimated to be 12,000. Housing is described as low density and Southmead ward covers 274 hectares of land. Today it is estimated that there are 4,850 households in Southmead. Approximately 36% of units are social housing (predominantly council stock). The population make-up of Southmead is changing – since 2001 the Black & Minority Ethnic population has increased from 6% to 16%, identical to the Bristol average (2011 census). Polish is the most spoken second language in Southmead.

There is a considerable level of need in Southmead ward. Southmead has the lowest life expectancy and **poorest health outcomes** of anywhere in the city with **high levels of social isolation**. The ward has seven Lower Super Output areas (LSOAs). Most of the ward experiences above average deprivation, but three LSOAs are particularly disadvantaged and fall within the most deprived 10% of all English LSOAs for multiple deprivation.

There is a higher than average proportion of dependent children under 15 years in Southmead, as well as a higher than average proportion of lone parents and working parents. This means that there is a greater need in the area for services and activities for **parents and children**, including parent support services, child and family health services, childcare, school holiday and after/pre-school care, play facilities and **youth services**. More Southmead residents are unemployed and have fewer educational qualifications compared to the average for Bristol (31% of residents have no qualifications). There is a need to create **volunteering , training and job opportunities**, and improve affordable transport to volunteering and employment elsewhere in the city.

Throughout 2014 **residents** have been **working with partners** carry out a Southmead Survey. This has involved training residents in community research and door knocking the entire estate. The researchers have completed surveys with nearly 1000 residents. The survey asks questions about what people like about Southmead, what they would like to change, what they see as the future needs and how they would like to be involved. The work has involved setting up a steering group, producing a film, and delivering a very **successful community planning** day attended by 150 people (residents, partners and politicians). A community plan has now been written and launched (<http://www.southmeadcommunityplan.co.uk/>). The Southmead Neighbourhood Partnership, Public Health and Southmead Development Trust have been key partners, working alongside residents to support them throughout the process.

The Community Plan sets out the aspirations for the future for Southmead to deliver improvements to the area and most importantly to the lives of the people who live here. This has been a resident led process with input and ideas from a range of partners. In particular, **2 residents** have taken a **leadership role** which has involved supporting the other volunteers and co-ordinating the work. This has been further supported by Southmead Development Trust (a resident led membership organisation). In partnership they have achieved a phenomenal amount in a short period of time.

Please list the people and organisations on the steering committee

Name	Organisation	Brief Organisation Description
Deana Perry	Resident, community researcher and secretary of Southmead Steering Group	Southmead Steering Group – a go to place for Southmead news and info
Trenna Blundell	Resident, community researcher, Southmead Community Association employee (SCA) and trustee of Southmead Development Trust (SDT)	SDT exists to serve the community of Southmead and primarily does this by running the Southmead Youth Centre and a large centre called The Greenway Centre.
Alex Kittow	Southmead Development Trust	As above
Keith Houghton	Neighbourhood Partnerships Bristol City Council (BCC)	The local authority Neighbourhood Partnerships bring public sector decision making to a local level where local residents can influence how they would like to see their neighbourhood improve.
Judith Taylor	Public Health, BCC	Local leadership for public health within the local authority to improve the health of neighbourhoods and reduce health inequalities.
Sue Moss Ami-Louise Duggan	Public Health, BCC	As above
Helen Bone	Quartet	Community Foundation
All of the above names are members of the Southmead Community Plan Steering Group. In order to shape the Fourteen Plan and to encourage new members to join what will become the Local Reference Group, the following additional people have, to date, attended some or all meetings. The membership of the LRG will grow and change over time with a recruitment focus on addressing under representation.		
Keith Sykes	Southmead Youth Centre, SDT	Delivers a range of services to and for young people in Southmead from the Youth Centre and other venues.
Julie Gibbs	Resident and Southmead Community Sports	Southmead Community Sport (SCS) run sports pitches and activities and are a group of local volunteers working in partnership with the council with the aims to provide a wide variety of sports facilities for everyone to use.
Kath Horseman	Resident	
Clair Rutherford	Resident	
Ian Thornley	Resident, Trustee of SDT, Chair	SCA

	of Southmead Community Association (SCA) and rector of Bethany Baptist Church	
Karen Green	Resident and Manager of Working in Southmead for Health (WISH)	WISH – Resident led community health project.
Jill Hoggans	Resident and experienced youth worker	
Ann Tuckwell	Resident and chair of WISH	
Sheralyn Fowler	Resident and community researcher	

Is this a new or existing steering group/panel? Yes though it has been formed out of the Southmead Community Plan Steering Group.

Please describe the membership of the steering group and how you think the type of people and groups involved will ensure positive changes within the community

The steering group includes; residents, BCC workers, public health, voluntary sector workers and volunteers. Within this we have expertise around health, young people and sport as well as people who have a good understanding of asset based community development. The steering group will change over time as we are keen that the group is not “worker” heavy but has strong representation from residents and which is a group where people feel comfortable and confident to contribute. We wish the steering group to represent the diversity of the estate but this will take time to develop. In particular we are keen to ensure that we have a strong voice for young people, disabled people and more recently arrived residents. This will be an ongoing process and our success will be an outcome in itself.

This will ensure positive change for the community because it is strongly resident led but with additional expertise from local workers as required. This will ensure that the money is invested in projects that have local support but also invested in projects that we know will make a lasting difference in Southmead.

### 3. YOUR AIMS FOR SPIRIT FUNDING

The initiative will be community-led and will seek to increase **participation** in one or more of the following activities, depending on community interest and need:

- a) Social action and volunteering
- b) Grass roots sport and physical activity
- c) Cultural activity and the arts
- d) Youth leadership and personal development

In the light of the assets and needs described in question 2, please describe below where you will be focussing your funding (points a-d above). Please note that you only need to address one area.

We have identified the needs in Southmead (taken from Q2) as; poor health outcomes and high levels of social isolation; need for services and activities for parents, children and young people; high unemployment and low levels of skills and confidence; the need to ensure good communication and promotion of opportunities and activities. We have identified the following assets within the community (taken from Q2) as strong partnerships between organisations and residents, successful community planning process with a good evidence of community needs and aspirations, and residents growing in confidence and taking on leadership roles.

Our overall aim for the Fourteen Plan is to increase participation in **social action and volunteering (a)**. Although this will be the focus we will be using sports and arts as a tool for engagement. We will also be targeting young people. Therefore, in practice, our Fourteen Plan will touch on all of the aims set out by Spirit. The volunteering and social action will help improve health outcomes, reduce isolation and improve skills, confidence and employability for the individuals that take part. As well as positive outcomes for individuals taking part, the social action and volunteering will help address needs in the wider community. The following project areas are proposed:

1. Small grants (up to £1k) to provide activities that:
  - a. combat isolation and improve health and wellbeing
  - b. provide activities for families, children and young people
  - c. improve communication and connections across the estate and between different people
2. Medium grants that address the priorities above and that also:
  - a. Pilot new projects and approaches with a view to continuing activities post Fourteen funding
  - b. Help strengthen organisations and groups so that services are more sustainable in the long term
3. Commissioned project “Community Champions” – to support social action and volunteering
4. Commissioned project “Disability Action” – to support disabled people to reach their potential
5. Commissioned project “Youth Participation” – to build skills and confidence of young people
6. In year 1, the Quartet Fourteen Development Worker will support residents to deliver the above by: Setting up, supporting and training the LRG; Supporting groups to apply for funds; Administering funds; Supporting the LRG to create and deliver appropriate commissioning processes for the three larger projects; Reviewing and implement changes as required. In year 2 and 3 we would like to explore placing this post within a local trusted organisation so that capacity can be built at a local level, embedding the skills and capacity in Southmead and enabling the work to continue post Fourteen Funding.



Please explain how you will seek to increase inclusion, particularly for people with disabilities, and enhance participation within the community.

We are very committed to enhancing participation within the community and for this to be inclusive so that people who have not previously participated are able to. It is the key driver of the project.

One of the key findings from door knocking the estate was the high number of people who were disabled and felt unable to take part in activities because of the barriers they face. Therefore, early on we will fund an action research project to better understand how we can address these barriers and who we need to work with to support disabled people to reach their full potential.

During the community plan process we did other targeted work to reach out to other underrepresented groups (e.g. BME groups, recently arrived families, young people). We will build on this work through the Fourteen Project by; continuing to link with faith groups, supporting BME led initiatives and funding targeted work with young people. Though the number of respondents was small, LGBT residents had particular needs and barriers and more work is required to understand this.

We will look to encourage and engage specialist agencies to come and work with the community where appropriate.

We must work to ensure that our Local Reference Group is representative of Southmead today.

#### 4. PRIORITIES AND OUTCOMES

List the priorities decided for the community given your answers Q2 and Q3 above place them in the grid below next to the most appropriate outcome. Ideally there will be a small number of priorities.

Outcome area	High Level Outcome	Priorities to 30/6/2015	Priorities to 31/12/2015	Priorities to 31/12/2016	Priorities to 31/12/2017	KPIs
<b>WELL BEING</b>	Peoples personal wellbeing increases through participation	Set up small grants programme Set up medium grants programme	Commission and begin Community Champions Project  Prepare for Youth Participation and Community Champions Project commissions	Ongoing  Commission and begin delivery of Youth Participation Project	Ongoing – and finding solution to sustain successful projects.	Number of volunteers Number of people participating People feel less isolated Level of life satisfaction People feeling that things they are do are worthwhile People feel able to influence what happens in their neighbourhood People are aware of activities and know how to access them.
<b>PERCEPTIONS OF DISABILITY</b>	Positive change in the perception of disabled people in communities (by both disabled and non- disabled people)	Commission Disability Action Research Project	Deliver Disability Action Research Project including recommendations	Commission work to deliver service to reduce isolation and empower disabled people to reach their full potential	Ongoing – and finding solution to sustain the project.	Better understanding of the issues affecting disabled people Disabled people living as full a life as possible People are aware of activities and know how to access them.

<b>CONNECTING COMMUNITIES</b>	Organisations connect people to activities (organisations or individuals) / make them aware of activities	Encourage and support projects in the community that connect people to activities (through small and medium grants)	Commission and begin delivery of Community Champions Project	Deliver Community Champions Project	Ongoing – and finding solution to sustain successful projects.	Number of volunteers Number of people participating People feel less isolated Level of life satisfaction People feeling that things they are do are worthwhile People feel able to influence what happens in their neighbourhood People are aware of activities and know how to access them.
	Role models inspire others to do more and better	Prepare for Community Champions Project commission	Commission and begin delivery of Community Champions Project	Deliver Community Champions Project	Ongoing – and finding solution to sustain project in the long term	People identify role models as a factor leading to participation
<b>OVERCOMING ISOLATION</b>	People feel more engaged in their local community and have a true sense of pride in the contribution they make to it	Encourage and support projects in the community that engage residents in activities/projects (through small and medium grants)	Ongoing	Ongoing	Ongoing – and finding solution to sustain successful projects.	Level of engagement people feel People feel proud of their contribution People feel proud of their community People feel less isolated

## 5. What is your vision for the area?

Please explain how you expect the community to have changed by 1 January 2017 and beyond

“Our vision is that Southmead is known as a great place for everyone to live, a strong community where residents work together and inspire each other, and where people of all ages and abilities have the skills and confidence to achieve their full potential.”

We expect the community to have changed by 1 Jan 2017 in the following ways:

1. More people are volunteering and involved in social action
2. People’s health and wellbeing is improved through participation
3. People are less isolated
4. Action is taken, by local people, to improve the neighbourhood in line with Community Plan priorities
5. Residents skills and confidence has grown
6. A stronger voice for disabled people is established to campaign and help deliver improvements and services
7. Disabled people are able to realise and fulfil their potential
8. More young people are involved in community projects
9. People know what is going on and how they can get involved
10. People are proud of where they live and the community is stronger
11. People who have not previously felt part of the community now feel included
12. Groups and local organisations are stronger and new groups and organisations are working in the area.

## 6 Grant Making Approach

What grant making strategies will you use to achieve the priorities set out above?

(For example, will you solicit or commission an application from a specialist agency or develop a partnership between specific organisations? or proceed by open call for ideas?)

To 30/6/2015	<p>Set up a small grants pot (up to £1k) for groups and organisations. We will make this process simple and straight forward and we will support people to make applications. All grants must deliver the priorities of the Fourteen Plan. The local reference group will receive and be the decision making body for the grants. Sometimes these will be match funded with Neighbourhood Partnership Wellbeing Grants. Grants will be to support social action and volunteer led projects.</p>
	(3 year total: £30k plus match)
	<p>Set up a medium grants pot (up to £5k). Again the projects will need to address the Fourteen Priorities but with this funding we will be looking for more strategic projects which are about piloting new approaches with a view to attracting funding and sustaining these in the long term. In addition, these grants will be used to help local groups and organisations develop a more sustainable future. There will be an application form and a panel (made up of members of the LRG) and groups/organisations will be invited to present their ideas and to answer questions. Groups will be supported through this process so that it is a positive experience and builds skills and confidence.</p>
	(3 year total: £54k plus match)

To 31/12/2015	<p>The small and medium grants programmes will continue to run throughout 2015.</p> <p>We will commission three pieces of work. A tender will be written by the LRG and specialists/advisors as required and organisations will be invited to make an application. Scoring criteria will be agreed in advance and an interview panel (taken from the LRG) will be trained and will assess applications. This process will enable open dialogue with the preferred organisation. The three pieces of work will be:</p> <ol style="list-style-type: none"> <li>1. Community Champions project - this project will <ul style="list-style-type: none"> <li>• Identify and recruit local people as volunteers working with them to identify their skills and aspirations</li> <li>• Provide training for volunteers</li> <li>• Work with groups and organisations to find out what volunteer opportunities they have and what help they need to support and recruit volunteers</li> <li>• Identify and train resident champions as mentors and supporters for other residents</li> <li>• Celebrate and reward social action initiatives</li> </ul> <p style="text-align: right;">(2 year total: £71k plus match)</p> </li> <li>2. “Disability Action Research Project” and “Targeted Disability Project” – this project will look into the needs and aspirations of disabled people in Southmead and come up with a set of recommendations for activities and partnerships to be delivered in 2016 and 2017. <p style="text-align: right;">(Research yr 1 Project yr 2+3 total: £25k plus match)</p> </li> <li>3. Youth Participation Project - Increase the participation of young people in community life – Develop and Commission <p style="text-align: right;">(2 years total: £20k plus match)</p> </li> </ol>
To 31/12/2016	<p>The small and medium grants programmes will continue to run in 2016.</p> <p>The commissioned project (1) will continue to be delivered in 2016. We will have begun project (3) though most delivery will be in 2016 and 2017.</p> <p>We will commission one further piece of work following the results of the Disability Action Research (3) which will be to deliver the recommendations of the research. Our aspiration is that this will form part of a much larger commission and we will be looking for additional sources of finance and a new partnership to achieve this.</p>

To 31/12/2017	<p>The small and medium grants programmes will continue to run in 2017. During this year we will be looking at which of the small grant projects need further and ongoing support and we will be working with these groups to ensure that they have a sustainable future. This will be the role of the Fourteen Development Worker.</p> <p>The commissioned projects (1) (2) and (3) will be coming to the end of their Fourteen Funding. Part of the commissioning process will have been to identify a sustainability strategy for these projects in the longer term. During 2016 and 2017 we will be working with partners to access additional funding or to seek alternative models for the delivery of these projects e.g. mainstreaming this work within the public sector, charging for services etc.</p>
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## 7 Match Funding

Please list the sources and amounts of match funding – *to be confirmed*

To 30/6/2015	£3k Neighbourhood Partnership Wellbeing Fund
To 31/12/2015	<p>£3k Neighbourhood Partnership Wellbeing Fund</p> <p>£20k Bristol Ageing Better</p> <p>£10k Public Health Social Prescribing</p>
To 31/12/2016	<p>£10k Neighbourhood Partnership Wellbeing Fund</p> <p>£30k Reaching Communities Pre Volunteering Support Project</p> <p>£20k Bristol Ageing Better</p> <p>£10k Public Health Social Prescribing</p> <p>£10k Medlock Foundation</p> <p>In particular, we will have identified new match funding for the “Targeted disability project” and we are talking to Public Health and Sports Partnerships about this.</p>
To 31/12/2017	<p>£10k Neighbourhood Partnership Wellbeing Fund</p> <p>£50k Reaching Communities Pre Volunteering Support Project</p> <p>£20k Bristol Ageing Better</p> <p>£10k Public Health Social Prescribing</p> <p>£10k Medlock Foundation</p>

### 8 Risk (if not in a separate plan across multiple areas)

Risk Factors	Probability Hi/Med/Lo	Impact Hi/Med/Lo	Mitigating actions/ factors	Status (date)	Trend
<b>Financial &amp; Resources</b>					
Fund is underspent	Med	Hi	Quarterly monitoring and corrective action taken		
Insufficient staff time to oversee the programme	Med	Med	Set up systems and manage expectations		
<b>Operations</b>					
Community Development Worker leaves	Lo	Med	Contract in place and systems set up to ensure hand over if required		
Applying and approving grants is onerous for applicants and quartet	Med	Med	Early work to set up systems appropriate to the size of the grant		
Monitoring and evaluation system is too onerous for groups	Hi	Med	Liaise with Spirit of 2012 and set up systems appropriate to level of investment and intervention		
<b>Reputational</b>					
Fourteen Plan take up is low	Lo	Hi	Ongoing awareness raising and support for organisations and residents to participate		
Fourteen fund a	Lo	Hi	Ongoing support for projects and appropriate		



project which fails			screening and monitoring		
<b>Governance</b>					
Residents do not want to join the LRG	Lo	Hi	Awareness raising, confidence building, support		
Conflicts of interest occur and are not overcome	Med	Hi	Declaration of interest used, training for LRG members, feedback		
LRG wish to approve projects and Quartet do not agree	Lo	Med	Role of Community Development Worker is to liaise between LRG and final Quartet decision making.		

## 9 Communications

What plans do you have to generate local media interest?

We have already sent out one press release. We will follow this with another one once the Fourteen Plan has been approved. We have information on the Mead website and newsletter and have been promoting through facebook and twitter. We will continue to work with the local media and social media to celebrate successes throughout the life of the project.

Please list any events you have planned

To 30/6/2015	<p>Launch event held – well attended and we had lots of social media coverage from politicians and community members.</p> <p>Southmead Festival – we will have a stand and be promoting the programme.</p>
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To 31/12/2015	<p>We will have a local conference to celebrate and share ideas for positive projects for disabled people.</p> <p>Volunteer week – launch the volunteer project.</p> <p>Visits to other Fourteen areas/host.</p>
To 31/12/2016	<p>Med term Fourteen celebration – awards, celebrating success, next steps.</p> <p>Youth Forum event.</p> <p>Launch disability project.</p> <p>Visits to other Fourteen areas/host.</p>
To 31/12/2017	Evaluation, next steps and celebration event.

**Declaration:** I confirm that the information contained within this plan and the priorities listed are to the best of my knowledge accurate and reflect the agreements of the Community panel

Name: ..... Signature: .....

Position: ..... Date: .....

**ATTACHMENT 1 : This part of the form is for you to schedule Grant Expenditure and Match.**

You should aim to complete it as fully and accurately as possible and draw on information from your administration and grant budget.

<b>PAYMENTS AVAILABLE</b>	<b>2015</b>				<b>2016</b>				<b>2017</b>				<b>TOTALS</b>
Period	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	
Small grants	700	1500	2500	3500	3500	3300	2500	2500	2500	2500	2500	2500	<b>30000</b>
Medium grants		5000	10000	9000	9000	8000	6000	5000	1950				<b>53950</b>
Comm1: Community Champions			8750	8750	8750	8750	9013	9013	9013	9013			<b>71050</b>
Comm 2: Disability Action			2500	2500	2500	2500	2500	2500	2500	2500	2500	2500	<b>25000</b>
Comm 3: Youth Participation				2500	2500	2500	2500	2500	2500	2500	2500		<b>20000</b>
<b>Total Grant</b>	<b>700</b>	<b>6500</b>	<b>23750</b>	<b>26250</b>	<b>26250</b>	<b>25050</b>	<b>22513</b>	<b>21513</b>	<b>18463</b>	<b>16513</b>	<b>7500</b>	<b>5000</b>	<b>200000</b>
<b>Match</b>		<b>3000</b>	<b>16000</b>	<b>17000</b>	<b>20000</b>	<b>20000</b>	<b>20000</b>	<b>20000</b>	<b>25000</b>	<b>25000</b>	<b>25000</b>	<b>25000</b>	<b>216000</b>
TOTAL													
<b>GRANTS MADE</b>													
In Community	700	6500	23750	26250	26250	25050	22513	21513	18463	16513	7500	5000	<b>200000</b>
Programme costs	3750	3750	3750	3750	3750	3750	3750	3750	3750	3750	3750	3750	<b>45000</b>
Total	4450	10250	27500	30000	30000	28800	26262.5	25262.5	22212.5	20262.5	11250	8750	<b>245000</b>
Balance c/f period													
Balance c/f cumulative													

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**ATTACHMENT 2**

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## Summary of grants expected/planned

Date/Period	Grantee summary	Total number of beneficiaries meeting this aim	Total amount of funding
2015	TBC		63,700
2016	TBC		95,325
2017	TBC		47,475